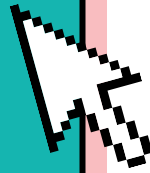
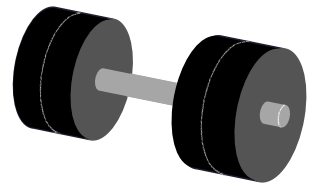


DO YOU HAVE TYPE 1 DIABETES?



IF YOU HAVE TYPE 1 DIABETES, AND ARE:

- Female
- Between 45 and 75 years of age
- Post-menopausal
- Free of major diabetes-related complications
- Able to perform resistance exercise



...you may qualify for a study looking at how different **resistance exercise** protocols affects your blood glucose during exercise

TIME COMMITMENT:

- One baseline visit (fitness test) (~1.5 hours)
- Two laboratory testing sessions (~ 1.5 hours each)

Interested, or know someone who would qualify?



CALL: 780-679-1688
OR
EMAIL: JEYARDLE@UALBERTA.CA

ARISE STUDY – PRO00112971



T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca

T1D Exercise study
780-679-1688
jeyardle@ualberta.ca